



Coming together for mental health.

Join us June 15, 2024,

as we walk, run or roll at the Shoppers Drug Mart® Run for Women in support of mental health resources at My Sisters' Place, a program of CMHA Thames Valley Addiction and Mental Health Services in partnership with Shoppers Foundation for Women's Health™.



Sign up to join our team at
runforwomen.ca

Scan me to sign up



Team Name:

Team Captain:

Contact: